

Department of Applied Psychology

Faculty CV

Name	Kiran Naz Malik
Designation	Lecturer of Psychology
Education	<ol style="list-style-type: none">1. MS (Clinical Psychology), Foundation University Islamabad, Pakistan (2015-2017)2. Phd (Scholar), NUML Islamabad, 2025 to date
Professional Experience	<ol style="list-style-type: none">1. Lecturer of Psychology, Social Sciences Department, NUML, Islamabad, Pakistan (2023 to date)
Research Interests	<ol style="list-style-type: none">1. Clinical Psychology2. Health Psychology

Publications/Conferences	<ol style="list-style-type: none"> <li data-bbox="558 218 1414 464">1. Ayaz Ul Haq, M., Abro, M. A., Malik, K. N., Iqbal, N., Iqbal, M. Z., Aqsa, Sunila, S., Safiullah, T., & Mukhtar Ul Haq, M. (2024). Exploring the mediating effect of perceived social support on psychological capital and mental health in higher education students. Indus Journal of Bioscience Research, 2(2). https://induspublishers.com/IJBR/article/view/261 <li data-bbox="558 495 1409 695">2. Malik, K. N. (2024). Impact of stress on family relations: Role of structured variables. LAMBERT Academic Publishing. ISBN: 978-620-2-07449-0. https://my.lap-publishing.com/catalog/details/store/gb/book/978-620-2-07449-0/impact-of-stress-on-family-relations:-role-of-structured-variables. <li data-bbox="558 726 1409 926">3. Malik, K. N. (2024). Impact of stress on family relations: Role of structured variables. LAMBERT Academic Publishing. ISBN: 978-620-2-07449-0. https://my.lap-publishing.com/catalog/details/store/gb/book/978-620-2-07449-0/impact-of-stress-on-family-relations:-role-of-structured-variables. <li data-bbox="558 1020 1409 1178">4. Malik, K. N., & Maqsood, A. (2026). Climate change and its impacts on mental health: A systematic review. Social Science Review Archives. https://policyjournalofms.com/index.php/6/article/view/1718/1701 <li data-bbox="558 1209 1409 1409">5. Bukhari, M., Safdar, S., Malik, K. N., & Nisa, U. (2026). Stigma, attitudes, and willingness toward the HPV vaccine among young adults in Pakistan: A mixed-methods study. Journal of Medical and Health Sciences Review. https://jmhsr.com/index.php/jmhsr/article/view/105
Honors/Grants (if any)	NIL

Workshops/Trainings (if any)	<ol style="list-style-type: none">1. Faculty development program Level-I, NUML.2. EMDR Training workshop on addiction protocol, management of Psychological Trauma, and Problematic Behaviors (anger, violence).EMDR Refresher Training Oct 24.3. Certified Trainer Social Emotional Health Counsellor, Army Public Schools and Colleges System Secretariat.4. Completed IELTS Train the Trainer program (5 Sep-5 Oct 22) at NICON Group of Colleges.5. CBT Diploma – PACT, 2025.6. Diploma in Trauma Informed therapist (Undergoing).
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